



Personal, Social, Health and Emotional Education
Policy

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At Excelsior Academy we are committed to providing the best possible learning experience for all our pupils. Our Personal Social, Health and Emotional Education Policy aims to promote the spiritual, moral, cultural, mental and physical development of all our pupils to prepare them for the opportunities, responsibilities and experiences of adult life.

To achieve this we will provide a programme of PSHE Education aimed at helping and supporting pupils through their physical, social, moral and emotional development. It will reflect the aims of The Academy and will include guidance to young people on Personal relationships, Healthy living, Religious education and Aspects of Living in the Wider World such as sexual and relationship matters. Our PSHE program takes into consideration the diverse needs of all of our pupils. It will be monitored and reviewed at least annually by pupils, staff, parents / carers and Governors

Our programme will;-

- Build up knowledge and skills that will enable young people to manage the conflicting pressures they will encounter.
- Make pupils aware of 'risk assessment and management' in these areas
- Enable young people to understand and manage physical and emotional changes and variations.
- Make pupils aware of issues from the wider world and local community that may impact their lives

Personal Social, Health and Emotional Education will be delivered through a number of curriculum areas including, for example, the new Thinking Curriculum lessons in key stage 3 which offer 1 hour of PSHE education to all pupils every week. Moral Issue discussion that form part of the Academies tutor time, assemblies and specific timetabled PSHE events. These lessons are taught by Personal Social Health and Emotional Education Staff as well as external specialists and consultants that The Academy may engage from time to time, for example members of nursing, medical or health care staff.

This is a vital part of your child's education.